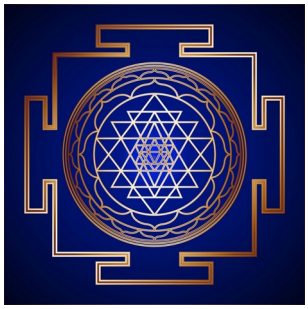
# Sunday online meetings with Dr Shrikrishna 2026

*Open to everyone, even without prior participation in seminars*

*Very Warm Welcome!*



**25.01.2026** – no meeting due to retreats in the Himalayas
**22.02.2026** – meeting with German translation
**29.03.2026** – no meeting due to online retreat
**26.04.2026** – meeting with German translation
**31.05.2026** – meeting in English
**28.06.2026** – meeting with German translation
**26.07.2026** – no meeting due to online retreat
**30.08.2026** – meeting in English
**27.09.2026** – meeting in English
**25.10.2026** – meeting with German translation
**29.11.2026** – meeting in English
**27.12.2026** – meeting with German translation

**Time:** 2:00 – 4:00 pm German time (CET/CEST)

- 2:00 pm – approx. 3:15 pm: Lecture & practical session
- approx. 3:30 pm – 4:00 pm: Mantra chanting

**Zoom link** (always the same):

Zoom Meeting Pranayama
Join Zoom Meeting: https://zoom.us/j/7692835817
Meeting ID: 769 283 5817
Password: 108

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